

**EYE HEALTH HISTORY**

Date of last eye exam \_\_\_\_\_ Eye Clinic/Doctor Name \_\_\_\_\_

Do you currently wear glasses? Yes No If yes, how old are your current glasses? \_\_\_\_\_

If yes, when do you wear them?

- Always  Reading/Near Work  Distance Tasks  Work/Safety

Are you planning to get new glasses today? Yes No Only if Rx changes

Have you ever worn contacts? Yes No Do you currently wear contacts? Yes No

Type of contacts if worn:  Soft  Rigid  Disposable  Bifocal

Are your contacts comfortable? Yes No Are you planning to get contacts today? Yes No

Have you ever been diagnosed with any of the following eye diseases?:

- Glaucoma  Cataracts  Macular Degeneration  Retinal Detachment  
 Strabismus (crossed or lazy eye)  Other \_\_\_\_\_

Have you ever had an eye injury or surgery? Yes No Please describe \_\_\_\_\_

Are you currently using prescription or over the counter eye drops? Yes No

If yes please list \_\_\_\_\_

Do you currently or have you ever experienced:

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Loss of vision      | <input type="checkbox"/> Eye pain/soreness | <input type="checkbox"/> Night vision problems   | <input type="checkbox"/> Dry eyes         |
| <input type="checkbox"/> Loss of side vision | <input type="checkbox"/> Red eyes          | <input type="checkbox"/> Glare/light sensitivity | <input type="checkbox"/> Tired eyes       |
| <input type="checkbox"/> Blurred vision      | <input type="checkbox"/> Flashes/floaters  | <input type="checkbox"/> Chronic Styes           | <input type="checkbox"/> Burning/stinging |
| <input type="checkbox"/> Double Vision       | <input type="checkbox"/> Headaches         | <input type="checkbox"/> Droopy lids             | <input type="checkbox"/> Itchy eyes       |

**MEDICAL AND FAMILY HISTORY**

Systemic health conditions can have serious eye health consequences. The following information will assist us in taking better care of your eyes.

Date of last medical exam \_\_\_\_\_ Primary Clinic/Physician \_\_\_\_\_

Do you have any allergies to medications? Yes No Which? \_\_\_\_\_

Are you pregnant or nursing? Yes No

Do you use cigarettes/tobacco? Yes No

List any medications you are currently taking (include vitamins, supplements and birth control)

Do you have problems with any of the following? If yes, check box and describe below.

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Gastrointestinal     | <input type="checkbox"/> Nervous system            | <input type="checkbox"/> Mental health             | <input type="checkbox"/> Ear/nose/throat |
| <input type="checkbox"/> Cardiovascular/heart | <input type="checkbox"/> Urinary tract             | <input type="checkbox"/> Endocrine/glands          | <input type="checkbox"/> Musculoskeletal |
| <input type="checkbox"/> Blood/lymph          | <input type="checkbox"/> Respiratory               | <input type="checkbox"/> Skin conditions           | <input type="checkbox"/> Migraines       |
| <input type="checkbox"/> High cholesterol     | <input type="checkbox"/> Allergic/immunologic      | <input type="checkbox"/> Thyroid imbalance/disease |  |
| <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Diabetes Type 1 or Type 2 | Recent A1C (if known) _____                        |  |

Please describe or list other systemic health conditions \_\_\_\_\_

Please note any family history (grandparents, parents, siblings) for the following:

- |   |  |
|---|--|
| <input type="checkbox"/> Glaucoma _____             | <input type="checkbox"/> Other eye disease _____   |
| <input type="checkbox"/> Macular degeneration _____ | <input type="checkbox"/> High blood pressure _____ |
| <input type="checkbox"/> Retinal detachment _____   | <input type="checkbox"/> Diabetes _____            |

Doctor's Signature \_\_\_\_\_

Date \_\_\_\_\_